

# Navy Beans

(Canned)

## Nutrition Facts Valeur nutritive

Per 250ml (182g)/ pour 250ml (182g)

Amount Teneur	% Daily Value % valeur quotidienne
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<b>Calories / Calories</b>	160
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<b>Fat / Lipides</b>	0.5 g	<b>1 %</b>
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Saturated / saturés	0.1 g	<b>1 %</b>
+ Trans / trans	0 g	

<b>Cholesterol / Cholestérol</b>	0 mg
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<b>Sodium / Sodium</b>	0 mg	<b>0 %</b>
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<b>Potassium / Potassium</b>	570 mg	<b>16 %</b>
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<b>Carbohydrate / Glucides</b>	29 g	<b>10 %</b>
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Fibre / Fibres	12 g	<b>48 %</b>
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Sugars / Sucres	2 g
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<b>Protein / Protéines</b>	11 g
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Vitamin A / Vitamine A	0 %
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Vitamin C / Vitamine C	0 %
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Calcium / Calcium	8 %
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Iron / Fer	20 %
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Vitamin D / Vitamine D	0 %
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INGREDIENTS: ORGANIC NAVY BEANS, WATER  
MAY CONTAIN TRACES OF SOY, BARLEY, WHEAT, OR RYE.

INGRÉDIENTS: HARICOTS BLANCS BIOLOGIQUES, EAU.  
PEUT CONTENIR SOYA, ORGE, BLE OU SEIGLE.