

Dark Red Kidney Beans

(Canned)

Nutrition Facts Valeur nutritive

Per 250ml (177g)/ pour 250ml (177g)

| Amount Teneur | % Daily Value % valeur quotidienne |
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|----------------------------|-----|
| Calories / Calories | 180 |
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|----------------------------|------------|
| Fat / Lipides 0.5 g | 1 % |
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|-------------------------|------------|
| Saturated / saturés 0 g | 0 % |
| + Trans / trans 0 g | |

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|---------------------------------------|--|
| Cholesterol / Cholestérol 0 mg | |
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|------------------------------|------------|
| Sodium / Sodium 10 mg | 0 % |
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| Carbohydrate / Glucides 33 g | 12 % |
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| Fibre / Fibres 8 g | 29 % |
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| Sugars / Sucres 1 g | |
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|---------------------------------|--|
| Protein / Protéines 12 g | |
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| Vitamin A / Vitamine A | 0 % |
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|------------------------|-----|
| Vitamin C / Vitamine C | 0 % |
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| Calcium / Calcium | 4 % |
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|------------|------|
| Iron / Fer | 25 % |
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| Vitamin D / Vitamine D | 0 % |
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INGREDIENTS: ORGANIC KIDNEY BEANS, WATER.

MAY CONTAIN TRACES OF SOY, BARLEY, WHEAT, OR RYE.

INGRÉDIENTS: HARICOTS ROUGES BIOLOGIQUES, EAU.

PEUT CONTENIR SOYA, ORGE, BLE OU SEIGLE.